

VT NFF North South All -Star Game Rules

In general, the normal rules used during the 2024 Vermont High School as we have Vt officials

We will play 15-minute quarters (it is a showcase game for potential college bound players and we have 4 platoons per team to get time). 3 time outs per team per half. We have done away with mercy rules. Normal tie overtime rules will be used.

As best possible playing time should be spread evenly between your 4 platoons (2 offense and 2 Defense) The site directors need to pay attention to this.

Offense:

The Head Coaches will have agreed to an offensive playbook prior to the game. The enforcement of the use of that playbook is on the 2 HCs and the 2 AD-Site Directors Dennis Perry (South Site Director) and Dan Winters (North Site Director),

If there is a beef about offensive plays the Head coaches and directors should work, it out. Dennis and Dan can ask the Referee for Game Time out for coaches/directors to confer but it is up to you coaches as gentlemen to comply not on the officials to enforce. Such timeouts should be only if absolutely necessary, if the Site Director tells HC he can't do something please comply.

Defense

Defensive rules are as follows:

A defensive front scheme should be picked by each HC it can be 3-4, 4-4, 4-3, 5-2 whatever you pick the *opposing* coach must be informed and you should stick to it. We do this since there is no time to scout same reason we need to exchange offensive plays so there can be scout plays for practice.

A 6 man front may be used on goal line inside the 5 yard line or very shortage yardage plays where there is under 2 yards required to make a 1st down.

In the secondary, you can use either Cover Three or Two, Play strictly zone, or Play man under with each. (Press coverage is permitted).

Short yardage 6-1 (3 yds or less-Man coverage permitted)

Goal line 6-5 (inside the 5)

No blitzing anytime. (Officials will help enforce this)

Linebackers can cross the line of scrimmage on a pass only when the quarterback gets outside the tackle box.

It is preferred that both teams use the same defense but can be deviated from by prior agreement before the game, the game chair, Site/ADs, and head official will all be informed prior to the game of planned Offense and Defense. A general brief on the rules laid out in this document will be briefed with the officials at the coaches meeting.

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Rules

Kicking game

- No surprise onside kicks,
- 6-man rush on punts
- No fake punts.

Coaches and Ref will Meet in the Hall Of Fame Room in CSU Gym at 10:00 AM on game day for a brief.

Treating the referees with respect and professionalism is a requirement they are donating their time after a long season too.

On game day we will have coin toss in training room before warmup (exact time to be announced)

Teams will line up by number in their respective end zones sequentially from lowest to highest number each player will be announced with a counterpart from the other team after passing through coaches gauntlet they will jog to midfield shake hands with their counterpart player. They then jog to their respective side line and lineup along the sideline for the national anthem prior to kick-off helmets off under left arm facing color guard.

Questions direct to Game Chair